



End the Epidemic

Miami-Dade County COMPREHENSIVE COMMUNITY PREVENTION ACTION PLAN 2018 – 2021

Miami-Dade County along with the State of Florida and the Nation are dramatically impacted by an Opioid Epidemic of addiction and deaths. The economic cost of the Epidemic is projected to be more than a Billion Dollar just to Miami-Dade County in 2017 including the tragic loss of life. There were 702 opioids detected as a cause of death among decedents in Miami-Dade County in 2016. Nationally, the epidemic killed 146 persons per day in 2016 with projections for 2017 expected to continue increasing.

The Miami Coalition for a Safe and Drug-Free Community presents this proposed Comprehensive Community Prevention Action Plan for 2018-2021. It includes four major goals beginning with Ending the Opioid Epidemic over the next three years by engaging prevention activities among young adults and older residents. Most opioid users and addicts are above the age of 17 with the majority beginning their substance use disorders with alcohol or other illicit drug use as adolescents or even younger. Thus, the three remaining goals focus on prevention activities and services for youth under the age of 18.

This plan includes 4 Goals with specific Objectives and outcome measures for each. These proposals were developed following the 4 included Logic Models based on the detail Needs Assessment and Substance Abuse Trends report.



Miami-Dade County
COMPREHENSIVE COMMUNITY PREVENTION ACTION PLAN
2018 – 2021
GOALS

Between July 1, 2018 and June 30, 2021 Goal I below is provided for adult prevention and treatment services along with Goals II-IV for children and youth in Miami-Dade County promoting behavioral health and wellness. (Sources of Outcome Measures are identified in parenthesis)

Goal I: By 2021, the Opioid Epidemic will have ended in Miami-Dade County.

This projection is based on an **80-%** reduction in opioid deaths (Miami-Dade Medical Examiners Department) and a **100-%** increase in the number of individuals successfully completing addiction treatment services (SFBHN) as compared to a base-line year of 2017

Goal II By 2021, 85 % of Miami-Dade County students will be alcohol-free.

This projection is based on a **20-%** reduction from the **2016** percent of middle and high school students reporting current alcohol use (FYSAS).

Goal III: By 2021, 93 % of Miami-Dade County students will abstain from the use of marijuana.

This projection is based on a **20-%** reduction from the **2016** percent of middle and high school students reporting current marijuana use (FYSAS).

Goal IV: By 2021, 97 % of Miami-Dade County students will be free of tobacco, the non-medical misuse of over-the-counter and prescription drugs, synthetic chemicals, inhalants, and club drugs.

This projection is based on maintaining use levels of **cigarettes and the other named drugs** below **3 %** (FYSAS).

The changes projected in these 4 Goals will be achieved by addressing local contributing factors in the Objectives for each Goal.



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COMPREHENSIVE COMMUNITY PREVENTION ACTION PLAN
2018 – 2021
GOALS and OBJECTIVES

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This projection is based on an 80-% reduction in opioid deaths (Miami-Dade Medical Examiners Department) and a 100-% increase in the number of individuals successfully completing addiction treatment services (SFBHN) as compared to a base-line year of 2017

The changes will be achieved by addressing local contributing factors in the following Objectives:

Objective 1: Increase availability and use of **naloxone** for first responders as well as family members and significant others of opioid medical patients and those with an opioid use disorder.

Objective 1 a - Encourage law enforcement agencies in Miami-Dade County including Metrorail Security contractors to provide training in naloxone use and increase its availability for all officers.

Objective 1 b – Encourage prescribers and pharmacist to recommend overdose prevention and naloxone training for significant others of opioid medical patients as well as those with an opioid use disorder.

Objective 1 c – Provide a free online training in overdose prevention and naloxone use on the County website.

Objective 2: Provide **Intervention** to all survivors of an opioid overdose.

Objective 2 a – Establish intervention and counseling services for all hospital overdose reversal patients.

Objective 2 b – Educate families and significant others of opioid overdose survivors about the various options for treatment of opioid use disorders including medicated assisted treatment.

Objective 3: Expand the Jackson Memorial Hospital Syringe Exchange Program with mobile van sites throughout the County.



Objective 4: Increase funding for addiction treatment by 100% of 2017 levels for all State licensed programs in Miami-Dade County providing medicated assisted treatment for opioid use disorders by Fiscal Year 2020 – 2021.

Objective 5: Expand public education and awareness about poisonous synthetic opioid analogues (e.g., non-pharmaceutical fentanyl, U-47700, *et al*).

Comment [JH1]:

Objective 5 a – Incorporate into substance abuse prevention messages and media reports that any street drug including cocaine, methamphetamine, or “mollys” as well as heroin and counterfeit pills may be contaminated with heroin or synthetic non-pharmaceutical opioid analogues as well as other poisonous substances from clandestine labs.

Objective 5 b – Prioritize the prosecution of drug sales of any illicit drug containing poisonous synthetic opioids including non-pharmaceutical fentanyl, U-47700, *et al*.

Objective 6: Recognizing that most opioid users and addicts are above the age of 17 it is also true that most began their substance use disorders with alcohol or other illicit drug use as adolescents or even younger, thus a critical issue in ending the opioid epidemic must be focused on prevention activities and services for those younger than 18 years of age as projected in Goals II through IV of this Comprehensive Community Action Plan.

Goal II **By 2021, 85 % of Miami-Dade County students will be alcohol-free.**

This projection is based on a **20-%** reduction from the **2016** percent of middle and high school students reporting current alcohol use (FYSAS).

The decline in student alcohol use will be achieved by addressing the local contributing factors in the following Objectives:

Objective 1: Reduce **social access** to alcohol through family and friends

Objective 1 a –Reduce by **5-%** between 2016 and 2020 the number of Miami-Dade County (M-DC) high school drinkers who report **drinking at home** (FYSAS).

Objective 1 b –Reduce by **5-%** between 2016 and 2020 the number of M-DC high school drinkers reporting **drinking in someone else's home** (FYSAS).

Objective 2: Reduce **retail access** by **5-%** between 2016 and 2020 the number of M-DC high school drinkers who report **buying alcohol in a store** (FYSAS)

Objective 3: Reduce **attitudes and beliefs** accepting of alcohol use by youth.

Objective 3 a – Increase by **8-%** between 2016 and 2020 the rate of M-DC middle and high school students who report **“regular use of alcohol by someone their age is wrong.”** (FYSAS)

Objective 3 b – Increase by **10-%** between 2016 and 2020 the rate of M-DC students reporting a **perceived risk of harm in daily use of alcohol.** (FYSAS)



Objective 4: Between 2014 and 2020, lower by **10-%** the percent of students reporting they **first used alcohol by age 13** or younger. (FYSAS) (**Rational:** Because this is a 2 to 5-year lagging indicator the baseline year is 2014.)

Objective 5: Improve the ability of M-DC middle and high school students to be a critical and informed audience of **alcohol marketing** to youth by increasing the number of them receiving media literacy training to counter alcohol advertising directed to youth (TMC)

Objective 6: Increase **integrated/collaborative approaches** for substance abuse prevention and promotion of mental health wellness.

Objective 7: By 2020, decrease by **10-%** the risk factor prevalence rate for **“poor family management”** determined by MDC students’ responses on the FYSAS.

Objective 8: Increase by **100-%** compared to FY 2016-2017 the number of youth and adults receiving **Screening, Brief Intervention, and Referral to Treatment (SBIRT)** by June 30, 2021 (TMC).

Goal III: By 2021, 93 % of Miami-Dade County students will abstain from the use of marijuana.

This projection is based on a 20-% reduction from the 2016 percent of middle and high school students reporting current marijuana use (FYSAS).

The decline in student use of marijuana will be achieved by addressing local contributing factors in the following Objectives:

Objective 1: Between 2016 and 2020, increase by **10-%** the rate of M-DC middle and high school students reporting that the **regular use of marijuana is harmful**. (FYSAS)

Objective 2: Between 2016 and 2020, increase by **5-%** the rate of M-DC middle and high school students who consider it **great risk of harm to try marijuana** once or twice. (FYSAS)

Objective 3: Between 2016 and 2020, increase by **5-%** the social norm rate of students reporting that **“it is wrong for someone their age to smoke marijuana”**. (FYSAS)

Objective 4: Between 2014 and 2020, lower by **10-%** the percent of students reporting they **first used marijuana** by age 13 or younger. (FYSAS) (**Rational:** Because this is a 2 to 5-year lagging indicator the baseline year is 2014.)

Goal IV: By 2021, 97 % of Miami-Dade County students will be free of tobacco, the non-medical misuse of over-the-counter and prescription drugs, synthetic chemicals, inhalants, and club drugs.

This projection is based on maintaining use levels of cigarettes and the



other named drugs below 3 % (FYSAS).

The projected low rates in student use of tobacco and other drugs will be achieved by addressing local contributing factors in the following Objectives:

Objective 1: Between 2016 and 2020, increase by **10-%** the rate of M-DC middle and high school students reporting that there is a **great risk of harm in smoking** a pack of cigarettes or more daily. (FYSAS)

Objective 2: Between 2016 and 2020, increase by **5-%** the social norm rate of students reporting that **“it is wrong for someone their age to smoke cigarettes”**. (FYSAS)

Objective 3: Between 2014 and 2020, lower by **10-%** the percent of students reporting they **first smoked cigarettes** by age 13 or younger. (FYSAS) (**Rational:** Because this is a 2 to 5-year lagging indicator the baseline year is 2014.)

Objective 4: Keep the prevalence of any past 30-day **non-medical use** of over-the-counter medications “to get high” or taking prescription depressants, pain relievers, amphetamines, or steroids “without a doctor’s orders” **below 3 percent** of M-DC middle and high school students (FYSAS).

(Rational: According to the FYSAS for Miami-Dade County between 2002 and 2016 the highest rate of current use for any of the listed medications never surpassed 2.9 % for either middle or high school students. Since the rate was below the Survey’s ± 3 % margin of error it is not realistic to provide a projected rate of decrease for these substances.)

Objective 5: Between 2016 and 2020, increase by **10-%** the rate of M-DC middle and high school students reporting that there is a **great risk of harm to use a prescription medication without a doctor’s order**. (FYSAS)

Objective 6: Reduce by **25-%** the number **neonatal abstinence syndrome** cases in Miami-Dade County by June 30, 2021 as compared to FY 2016-2017 (FL OAG and FL AHCA)

Objective 7: Between 2016 and 2020, keep the percent of M-DC high school students reporting past 30-day **use of synthetic marijuana below 3 %**. (FYSAS)

(Rational: According to the FYSAS for Miami-Dade County in **2016** any past 30-day synthetic marijuana use was reported by **0.8 %** of high school students. Since the rate was below the Survey’s ± 3 % margin of error it is not realistic to provide a projected rate of decrease.)

Objective 8: Reduce the rate of M-DC **middle school students** reporting current **use of inhalants** by 10-Percent between 2016 and 2020 (FYSAS)

Objective 9: Incorporate education about prescription drug nonmedical misuse, polysubstance abuse, e-cigarette and other vaporizer paraphernalia, and new synthetic psychoactive drugs into **SBIRT and CRAFF** activities throughout 2018 to 2021 (TMC)



Sources for Outcome Measures:

FL AHCA = Florida Agency for Health Care Administration

FL DOH/MDC = Florida Department of Health in Miami-Dade County,

FL DJJ = Florida Department of Juvenile Justice

FL-MEC = Florida Medical Examiners Commission

FL-OAG = Florida Office of the Attorney General,

**FYSAS = Florida Youth Substance Abuse Survey including special analysis of
Miami-Dade County responses,**

NSDUH = National Survey on Drug Use and Health Substate Data

SFBHN = South Florida Behavioral Health Network,

TMDCA = The Miami-Dade Coalition Alliance,

YRBSS = CDC Youth Risk Behavior Surveillance System